

Cornerstone Physical Therapy

Cornerstone Physical Therapy opened in September 1999. We are located at 200 S 13th St, Suite 213, in Grover Beach, CA.

Jeff Miller is the owner and physical therapist. He received his bachelor degree in biology from Eastern Oregon University in 1996, and his post-graduate degree in physical therapy from Saxion University in the Netherlands. He sees his value in bringing a broad perspective to the approach of health issues, as well as the ability to apply a range of techniques including manual therapy, visceral manipulation, modalities. He has a particular interest how the brain processes information, which he applies to help people with pain and improve their coordination. Anyonerun.com is basically used as a forum to aid in the home training program of his clients, with the eventual goal of expanding the scope to include anyone.